

JUNGIAN COACHING ICF ACCREDITED TRAINING

Target: You will *learn and experience* Jungian concepts relevant and applicable to the understanding of the structure, dynamics and functions of executives and leaders in companies.



- Unforgettable and empowering experience of mind and feelings. Grants the coaches, managers and individuals with innovative perspectives on situations, events and processes at work and life. Enables individuals see & comprehend invisible contents which activate processes.
- Courage & originality in finding outstanding solutions to any individual or organizational dilemma. Provides the coached and employee with a vocabulary of words & concepts which explains behavioral phenomenon. Develops a team symbolic thinking, and team understanding of unconscious motivations and conflicts.
- Using archetypes, symbolic thinking and games as effective coaching tools.

Helps the coached to arrive to a meaning for his/her suffering, frustration-blocked states, inability to arrive to a decision and to accept obscure states. Recharges the system with irrational data which needs to be taken seriously.

• Unforgettable and empowering experience of mind and feelings.

Fills the organization's culture with feminine elements such as expressing feelings, containment, tolerance and nurturing. Encourages creative thinking, imagination, thinking outside the box and original initiatives. Bonds the individual to the collective past, present and future of his/her own lives as well as his/her business and looks for the company's vision.

- **To gain in-depth and creative insights** to comprehend processes and contradictions in establishments and solve them by means of a wide range of concepts regarding Jungian Psychology
- Jungian coaching is a combination of high intellectual learning with deep emotional experience and practicum. Not only gives new skills and techniques but it also creates growing process for the coach, organization, every learner. Enables the coach and organization to understand the third dimension. Develops critical leadership competencies such as confidence and resilience, communication and impact, leadership and teamwork, effectiveness and efficiency, creativity and innovation
- The training program will prepare you to relate to a highly-educated, mature and culturally diverse population.





CONTENT AND DATES:

1. module HOW TO START – WHAT IS COACHING PROCESS: 15. and 16.12.2017, from 9.00 do 16.00

How will you start? From the basic. We will learn what is coaching process and why it is effective and deepen the understanding of it. We will see the benefits on the basis of psychology that promotes the development of the client and learn how to adapt it into coaching for business context. We will learn how to apply and use intermodal methodology of Jungian approach for coaching. We will learn how to manage the coaching process, how to set up client - coach confidence, what we need to be aware of and of where are hidden traps. We will learn communication tactics, how to and what to observe, active listening ect what is base for coaching process. We will also focus on the understanding of ethical principles and understanding of professional standards in coaching. Fisrt module is run by Slovene trainers team.

2. module ACHIVE - INNER THEATRE: 29.1., 30.1.2018 and 31.1.2018, from 9.00 - 17.00

What will you <u>achieve</u> in this module? You will learn what is and how to run coaching process. You will adopt a new language, new professional vocabulary which will enable you understand blind spots in your professional behaviour. You will understand much better your professional environment, you will recognize your inferior functions at work and discover a whole "inner theatre" of symbols and images which explains your professional daily work. Third day of module is devoted to practice run by Slovene trainer team.

<u>3. module CHANGE</u> – ARCHETAYPES AND COMPLEXSES: 12.2.2018 from 16.30 - 20.30. and ANIMA and ANIMUS: 13.2.2018 and 14.2.2018. from 9.00 - 17.00

What will be <u>changed</u> in you? You will discover both your qualities as masculine and feminine human beings and their relevancy at work. Learning to identify and use effectively those two qualities of your personality are extremely important. They extend your repertoire of relatedness to people in the organization. If you are a woman, you will improve your ability to use your femininity as well as your masculine ("animus") qualities. If you are a man you will extend your affective potential in relating to people through your feminine qualities ("anima"). You will deepen understanding of Jungian archetypes and relevant complexes.

Meeting ST -13.3.2018 from 9.00 - 15.00 (practice, deepening understanding and questions).

4. module GET ORIENTED – 24 LEADERSHIP ARCHETYPES: 26., 27. and 28.3.2018 from 9.00 - 17.00

How better will you <u>get oriented</u> due to this module? By practicing the "Hero" archetype fascinating chapter, you will get better orientation in comprehending your professional career, its targets, obstacles and vision. Learning in this module will grant you extra valuable meaning to your sufferings, frustrations, misunderstanding, anxiety and disorientation that may have occurred along your years of employment. In addition you will encounter with 24 styles of leadership archetypes and practice the procedure of extending your managerial skills. Third day of module is devoted to practice run by Slovene trainer team.

5. module GAIN - HERO QUEST: 18.4.2018, 19.4.2018 from 9.00 - 17.00, 20.4.2018 from 9.00 - 15.00

Will you <u>gain</u> any diagnostic skills in this program? The Jungian theory of the Hero Quest. Our leaning method involves experiential learning and assures highly emotionally learning. Attendants will be encouraged to bring cases from their actual working life and analyse them through Jungian concepts, reframe problems and set up interventions and techniques for better effective work. Third day of module is devoted to live coaching practice and practice run by Slovene trainer team.

<u>6. module INTEGRATE</u> - TOOL BOX AND MY JUNGIAN COACHING PRACTICE: 18.5.2018 from 16.30 – 20.30 and 19.5.2018,20.5.2018 from 9.00 - 17.00.

What about <u>integrating</u> all you will learn to assure practical application of your studies? Not only will you encounter with the logics and procedure of the Jungian oriented Meyers-Briggs diagnostic tool of preferences, but you will also extend you irrational thinking, expand your imagination and creativity and deepen your emotional intelligence in order to diagnose people much better. Integration: Supervision and analysis of case studies brought by members of the learning group and live coaching session. You will present your Coaching case - exam.





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Learning units	Content
1. WHAT IS COACHING PROCESS AND HOW TO GO ON THIS QUEST - Introduction to Coaching	Meeting each other in "Jungian approach". What is and how to run a Coaching process: Using creative approach, intake, contract, objectives, direct and tactical communication and outcome of the process, Active listening, and observation. Assessing developmental and emotional needs of the client. Feedback, termination, performance evaluation. Training: Coaching practice (coach, client, observer)
2. INNER THEATRE -Introduction to Jungian Psychology & Coaching	Developing Irrational Thinking in observing companies and organizations: The Cycle of Irrational Thinking. Chart for Jungian Coaching intervention – Training. The Jungian basic vocabulary: Parallel between human psyche and the organizational psyche. 4 Archetypes on the SWOT model. Training: Coaching game – Puzzle
3. ARCHETAYPES AND COMPLEXSES ANIMA and ANIMUS - Four Leading Archetypes	 Deeper understanding of Jungian archetypes and relevant complexes. Alchemy – the Jungian theory on "Change". Femininity & Masculinity in the human psyche, in personality and in management (Anima & Animus and their significance to effective management). The Shadow in human psyche, the shadow of employee and company. The significance of the Trickster in organizational processes and in effective management. On thinking outside the box on the edge of risk taking in innovative processes. Training and coaching game: FM
4. 24 LEADERSHIP ARCHETYPES – 24 Archetypal Types of Leadership: Jungian approach to empower & expand management Skills. Corbett's Diagnostic- Coaching Model. JUNGIAN COACHING METHODOLOGY	What is basic of understanding archetypes during coaching process? The 4 Functioning Domains of the Organization and its 24 styles of management.How to apply to daily life of leaders, coaches, consultants JungianTheoryandmethodology.Training – Coaching game: Cards
5.HERO QUEST - Jungian Approach to Post Modern Career JUNGIAN COACING LIVE PRACTICE	The Jungian theory of the Hero Quest. Training – Coaching Game: Hero Quest
6.TOOL BOX - Introduction to MBTI preference test MY JUNGIAN COACHING PRACTICE	The rationale and use of the 'Type' & 8 Jungian Functions invented by Isabel Briggs Myers. Training and final personal coaching practice demonstration.





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Jungian Coaching Slovenia

DATES – HOURS

15.12.2017	9.00 - 16.00
16.12.2017	9.00 - 16.00
20.01.2018	9.00 - 17.00
30.1.2018	9.00 - 17.00
31.1.2018	9.00 - 17.00
12.2.2018	16.30 - 20.30
13.2.2018	9.00 - 17.00
14.2.2018	9.00 - 17.00
13.3.2018	9.00 - 15.00
26.3.2018	9.00 - 17.00
27.3.2018	9.00 - 17.00
28.3.2018	9.00 - 17.00
18.4.2018	9.00 - 17.00
19.4.2018	9.00 - 17.00
20.4.2018	9.00 - 15.00
18.5.2018	16.30 - 20.30
19.5.2018	9.00 - 17.00
20.5.2018	9.00 - 17.00

TRAINING LOCATION

DOLENJSKA CESTA 242b, RUDNIK - LJUBLJANA

HALL Povej naGlas

Hall is located in 1.st floor in business building, address Dolenjska cesta 242b, Ljubljana. Use central entrance.

Behind the building there are available free parking spaces.

Lunch will be possible to organize in restaurant pizzeria Cmokač. It is located in the next building (Dolenjska c. 242c). There will be JC place reserved.

You can check daily menu on website. Lunch will be prepared, so no time will be lost. Lunch cost is not included in course fee. Menu price is approx. 8€.

Kontakt

Cineka^e Restavracija, pizarija in doevni bar Dosenjska c. 242c, i j. - Budnik

Mobile (051 447 733 Email into@omokac.si Web: www.omokac.si





Expressive Arts & Psychology in Action Dr. Avi Goren-Bar Clinical & Educational Psychologist Certified Expensive Therapist Individual & Organizational Coachir



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TRAINERS AND COACHES

Avi Goren-Bar, Ph.D., Expressive Arts & Psychology in Action

Dr. Avi Goren Bar, Ph. D., embodies nearly 40 years of extensive experience in dealing with the sense Page | 5 for a Change. He is specialized in Jungian Coaching in companies and various organizations, applying Jungian Psychology, Gestalt Therapy and Clinical Expressive Arts Therapy. Dr. Goren Bar is clinical and educational psychologist, a very experienced clinical therapist, a gestalt therapist, certified and registered therapist and supervisor of the intermodal expressive therapy and master for use of »Expressive Arts Therapy« and psychodynamic therapy. His professional achievements are greatly appreciated and approved/accredited by the Israeli Ministry of Health, Expressive Arts Therapy federation and International Coaching Federation.

Slovene Team:

Jasna Knez – Program director, specialist in Expressive Arts methods, Executive and Jungian Coach Is Executive, Systemic, Jungian, Team, NLP and EAT Coach, Soft management skills, Communication Master Trainer, SDI Moderator, Motivator and councelor with a broad range of business experience, understanding the company's organisms, workplace relationships and human behaviour. As a coach she works with professionals to achieve the results and get the experiences that they want at work and helps individuals or groups to define and loose unproductive and sometimes destructive behavioural patterns. She strongly believes in the power of positive energy and possibility for better future focusing on solutions and problem solving. In 2015 she join assisting and teaching in international team of dr. Avi Goren Bar, who holds his accredited programs of Jungian Executive Coaching and Expressive Arts in Action (C/T) in 5 countries (Israel, Greece, Turkey, Croatia, Slovenia).

Andreja Anžur Černič – specialist in Expressive Arts methods, Executive and Jungian Coach Is Executive Business, TA and Jungian coach and councelor, Leadership Master Trainer and Expressive Arts Coach. She has worked independently as a coach, mentor and consultant with the emphasis on soft management skills since 2007. Her style is based on years of experience and a sense of leading and motivating people with a focus on achieving the set goals. She is distinguished professionalism, knowledge, experience, hard work, positive energy, openness by communications, fairness and honesty. She lives by those values to the best of her ability in both professional and personal life. In 2015 she join assisting in international team of dr. Avi Goren Bar, who holds his accredited programs of Jungian Executive Coaching and Expressive Arts in Action (C/T) in 5 countries (Israel, Greece, Turkey, Croatia, Slovenia).

Tine Papič – Jungian analyst, lecturer

Tine Papič is Jungian psychoanalyst, (International Association for Analytical Psychology) working in private practice in an open institution for psychotherapy. Teaches occasionally analytical psychology and psychoanalysis at the Institute IPAL and cooperate with institutions Etnika as an expert in the field of addiction young people of gambling. At the Sigmund Freud University in Vienna, he studied psychotherapy science. In Copenhagen, he has completed analytical studies of psychology at the International Association of Analytical Psychology and became a qualified Jungian psychoanalyst from the internationally recognized status of learning analytics. He is also Expressive Arts therapist and Jungian coach. He is a member of the International Association for Analytical Psychology and in 2014 was selected for analytical psychology president of Association of Slovenia.



Expressive Arts & Psychology in Action







CERTIFICATION

Following these Jungian Coaching schol program the participants will obtain a certificate of attendance of 132 hours, awarded by Avi Goren Bar Expressive Arts in Action and International Page | 6 Coach Federation (ICF) certificate and acreditation, granting 46,5 CCE units; 20 hours Core Competencies & 26,5 hours Resource Development and will be offered to join our monthly group supervision for further studies on their interventions in organizational consulting through Jungian approach. Programme is run in English.

PRICE

Price include all learning and art materials and analysis, certification, drinks and sweet snacks during the program, assistant supervision during the programme, usage of hall and practice meeting in subgroups (third day of module) for deeper understanding and implication of daily use of new learning's. Extra cost in amount of 80, 00 € + vat is tool box (4 games) for personal usage.

Price and possible payments:

- Regular price 2549,00 € + vat.
- Possible payment by modules (5 instalments), price per module 569,00 € + vat.
- Price for dr. Goren Bar students of other programs is with 10% discount
- Price for early bird till 30.10.2018 with 10% discount.
- 3 and more additional 10% discount.

INFORMATION/APPLICATION

For additional information and application please contact us on:

jasna@povejnaglas.si and + 386 41 799 644 (Jasna Knez) andreja.anzur@isaa.si and + 386 31 323 283 (Andreja Anžur Černič)

Check also: www.povejnaglas.si / www.jungiancoaching.si

TESTEMONY

"Avi possess incredible power of compassion which opens easily each door of our souls." Judita Ledič

»It is a wonderful journey to dance with Avi through the creation axis. I met with my resources and have courage for creation by Avi. He makes his students touch to the edges and enlarge their dreaming capacity by holding their hands courageously. Thank you for being not only my teacher but also being my camaraderie." Caglaagul Thurhan

" Dr. Avi Goren Bar is doing that with an immense insight, with tenderness and witty power of the Teacher. Providing a fantastic opening for possibilities to work on and improve ourselves. What can one get from him as a coachee, a student, attendant of the workshop? A huge opportunity to stop a never ending loop in your too tight (or to big!) shoes. Once and forever. And again, a revelation, and empowerment to do your own mission firmly, with courageous steps, without hindering and loosing time in too many sideways. Or in a swamp of your own complexes.« Tadeja Zupan Arsov

»Avi is an expert and a great lecturer, with a lot of experiences and knowledge. He is capable of presenting complex contents and brings them closer to anyone, with his passion and use of practical demonstrations. That's why his lectures are always very interesting. Andreja and Jasna, the organizers of the training program Jungian coaching (which themselves are also qualified coaches), are also very professional and are taking care for us and everything more than very well. We can learn from everyone.« Simona Stavanja Zadnik

